



2023

ALTOONA HIGH SCHOOL FOOTBALL

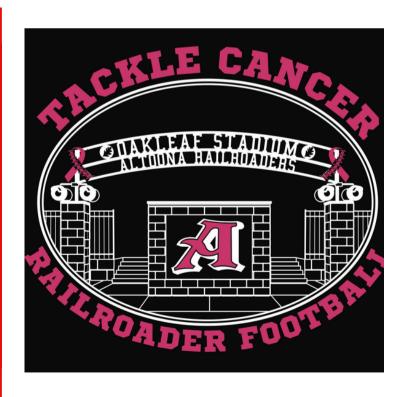


TCKLE CANCER & SENIOR NIGHT SPONSOR

BLUECOAT

LAWN + SNOW

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THE PROGRAM FOR
MORE INFORMATION





All money raised through tshirt sales and donation boxes will be donated to Joshua's Camp.

About Joshua's Camp

When a family has a child being treated for cancer, it quickly becomes a daily struggle just to hold everything that matters together. For families under such constant stress, Joshua's Camp is a very special retreat with a life-renewing mission. We offer a safe haven where everyone in the family is given the opportunity to step back, relax and experience a feeling of solid ground. Joshua's Camp is available to qualifying registered families free of charge.

The magic that takes place at Joshua's Camp unfolds at the Metropolis Resort and Hotel...the home of Action City and Chaos Water Park, one of the leading entertainment centers in the Midwest, located in Eau Claire, Wisconsin. The Metropolis Resort was designed with families in mind where everyone will be treated to fun-filled activities, including both indoor and outdoor adventures.

You also might want to think about bringing a western outfit to camp (no spurs please) because we will be heading to Trinity Equestrian to do some "Horsing Around."

Mom and Dad won't have to worry about meals while at Joshua's Camp...it's all included.

More information: https://www.joshuascamp.org/



Joshua's Camp, Spring 2023

FOOTBALL STAFF

QUARTERBACK CLUB OFFICERS

Head Coach/B-Backs	Chad Hanson		
Offensive Cord/A-Backs	Hayden Frey		
Quarterbacks	Ryan Gund <mark>erson</mark>		
Split Ends	Mark Spratte		
Split Ends Jeff Kaldor			
Offensive Line Paul Swarto			
Defensive Cord/D-Line Kellen Lage			
Defensive Cord/Linebackers	Josh Berg		
Defensive Line	Brandon Schmude		
Lineba <mark>ckers</mark>	Brian Faught		
Defensive Backs	Jeremy Miller		
Special Teams Cord/Defensive Backs	Jeremy Monk		
Asst Head Coach/Manager	Adeline Hanson		
Athletic Trainer Trainer generously provided by Dr. Drawbert & Dr. Berg at Chippewa Valley Orthopedics	Hannah Geisler		
Video	Dan Weisenbeck		
Statistician	Jason Boyarski		

President	Tyler Tomesh		
Vice President	Jason Boyarski		
Secretary	Hope Saeger		
Treasurer	Ben Coenen		
Youth Rep	Kyle Roder		
9th Grade Rep	Mandy Van Vleet		
10th Grade Rep	Paul/Kelly Swartos		
11th Grade Rep	Lisa Hanson		
12th Grade Rep	Jeremy/Sadie Miller		

SCHOOL INFORMATION

Superintendent	Dr. Heidi Eliopoulus		
HS Principal	Ms. Becky Bauer		
HS Assistant Principal Mr. Chad Hans			
Athletic Director	Ms. Elissa Upward		
Conference	Coulee Conference		
School Song	On Altoona!		

Good sportsmanship, as defined by NFHS, embodies fair play, respect, and camaraderie on and off the field. It reflects competition with empathy for opponents and officials, reminding us to uphold honesty, humility, and respect whether winning or losing. This fosters teamwork, mutual understanding, and a positive impact on the sporting community. The WIAA and School District of Altoona mandates good sportsmanship at events. Please support participants positively, as profanity, discrimination, and intimidation will not be tolerated and may lead to removal. Enjoy the game positively.

State laws prohibit the use of tobacco products in any area used by public schools.



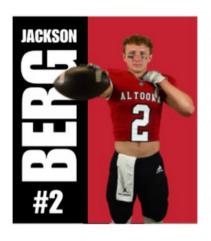




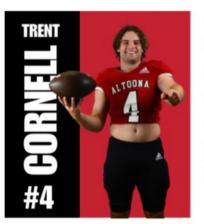








After high school, I plan to attend The University of Minnesota Duluth and play football. My favorite football memory is my pick 6 against Viroqua at Fuzzy Thurston Field. Besides football, I'm also in wrestling and baseball. Other accomplishments of mine include 10+ volunteer hours per year in high school and a 3.85 GPA/high honor roll. My football highlights include 2023 team captain, being a 4 Year Letter Winner, Varsity Defensive MVP, 2x Practice Player of the Year, and 3x All-Conference Defensive Back. My advice for future football players is go hard every practice because it definitely goes by fast! And NEVER walk on the football field!



After graduation, I plan on attending The University of San Francisco to play Division 1 baseball. My favorite football memory is throwing my first touchdown pass my freshman year against Osceola. In school, I'm in the National Honor Society and have a 3.6 GPA. Sports accomplishments for me include 2023 Team Football Captain, All-Conference in 2021, 2022, and 2023 for baseball. I am also receiving a scholarship to play Division 1 baseball next year. My advice is to appreciate all the practices and games you play with your teammates because they'll be over before you know it.



After high school, I plan to attend Florida Atlantic University pursuing a degree in Sports Management. My favorite football memory is the storm delay game vs Black River Falls, the pre-game locker room was hyped after waiting around for hours, and then we got the dub. I also love to hunt and fish, play sand volleyball league, and I used to play basketball. I have earned a Varsity letter all years playing high school football. My advice to future football players is don't argue with your coaches, listen and move on.



After high school, I plan to attend college. This is my first year playing high school football. My favorite football memory was attending the Wisconsin Badgers' spring game. Outside of school, I volunteer as a Miracle League buddy. My advice for future football players is to work hard, listen, have fun, and be a good teammate!



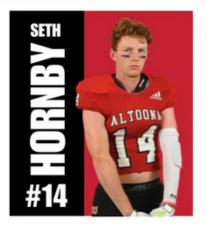




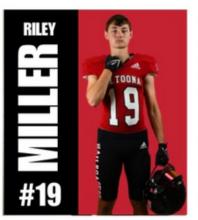








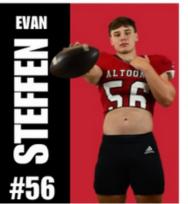
Upon graduation, I plan to join an apprenticeship program to be an electrician. My favorite football memory is catching and tackling a running back on a 95-yard chase down while playing Gale Ettrick Trempealeau my junior year! I would also like to try to go pro in disc golf after high school! In football I also earned All-Conference at Defensive Back my junior year! My advice for future football players is to give your all! Never hold back, because that way you never have any regrets!



After graduation, I plan to pursue a degree in athletic training. My favorite football memory is starting in my first varsity game with my brother cheering me on from the sidelines, and then getting to see my brother get his first snaps on varsity at the end of that same game. I also have earned a varsity letter in tennis, have over a 3.9 GPA and I'm a 2-year varsity letter winner in football. My advice for future football players includes putting in the time and effort not only during the season, but in the weight room in the offseason too. Don't take for granted the time that you have to play.



After high school, I plan to go to college. My favorite football memory is when I was a freshman and a senior said thank you to me after I warmed the bench for him. In school, I'm also involved in DECA. My advice for future football players is DO NOT jump on defense because what if it's on two (the snap count)!



After high school, I plan to attend college to become a physical therapist or chiropractor. My favorite football memory was the midnight game against Black River Falls. Other football accomplishments include 2023 Team Captain, All-Conference both sides junior year, 2-time letterman (freshman and junior year), Team Lineman of the Year (junior year), and 4x hog (lineman) of the week. My advice to future football players is to enjoy football while you can!



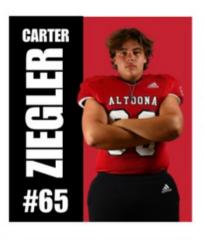




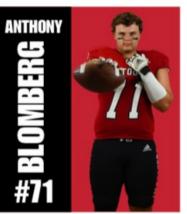




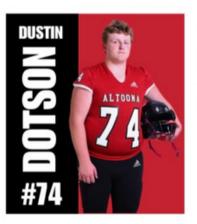




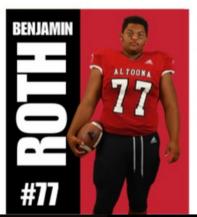
After high school, I plan to attend Chippewa Valley Technical College for business management and continue working at CCF Bank. My favorite football memory is being able to make a large impact on the team my junior year even though I couldn't play. Other accomplishments include being called a practice warrior and a professional eater! My advice to future football players is don't quit or years later you'll regret not playing.



After high school, I plan on attending Chippewa Valley Technical College and taking the one-year electrical power distribution course, and graduating with a technical diploma. My favorite football memory is in middle school playing in Mondovi while it was pouring. Along with football, I played hockey until my junior year, I also golf and am an avid outdoorsman. In football, I've lettered since my freshman year. My advice is you get what you put into it. Even when things get hard, put in the work and you'll see the results!



After graduation, I plan to farm. My favorite football memory is my first Friday night football game. In school I'm in Concert Choir (4 years) and Chamber Choir and Locomotion. My advice to all future football players is to play your heart out and listen to your coaches.



After high school, I plan to go to college for business and golf a lot. My favorite football memory is getting McDonald's from random students before the Arcadia game sophomore year. Other accomplishments include a 25 on the ACT, a golfer in training, and I've received All-Conference in football. My advice for future football players is when Coach Berg tells you to do something, do it 200%!!!









ALTOONA RAILROADERS

#	LAST	FIRST	YEAR	O POS.	D POS.
1	Frison	Michael	10	BB	LB
2	Berg	Jackson	12	BB	DB
3	Hibbard	Hunter	11	AB	DB
4	Cornell	Trent	12	QB	DB
5	Brion	Leif	12	SE	LB
6	Van Vleet	Sawyer	10	QB	DB
7	Kuenkel	Kevin	9	QB	LB
8	OConnell	Cillian	10	AB	DB
9	Radcliff	Gabe	10	AB	DB
10	Van Vleet	Dawson	9	BB	DB
11	Kunze	Brayden	10	BB	LB
12	Hansen	Luke	10	AB	LB
13	Garrison	Joey	12	SE	DB
14	Hornby	Seth	12	SE	DB
15	Miller	Landon	10	AB	DB
17	Kuenkel	Ryan	9	AB	LB
19	Miller	Riley	12	AB	LB
20	Dregney	Jagger	9	QB	LB
21	Saeger	Adam	11	AB	DB
22	Tryba	Everett	10	SE	DB
23	Chesmore	Deion	10	AB	LB
24	Faught	Kaden	11	SE	DB
25	Jandt	Exavier	10	BB	LB
26	Ackerman	Jordon	9	AB	LB
27	Balow	Ethan	10	SE	DB
30	Scheidler	Aaron	12	AB	DB
31	Bouchard	Isaiah	10	SE	DB
32	Haremza	Keegan	9	BB	LB
33	Fiore-Brenden	Bryson	10	SE	DB
34	Mooney	Isac	10	SE	DB

#	LAST	FIRST	YEAR	O POS.	D POS.
35	Johnson	Isaac	10	BB	LB
41	Kircher	James	11	BB	LB
42	Gunderson	Owen	9	QB	LB
44	Campbell	Ashton	9	SE	DB
45	Wood	Andrew	11	SE	DB
48	Bethke	Ethan	10	SE	DB
50	Wirth	Austin	10	OL	DL
51	Johnson	Dominick	9	OL	DL
53	Swartos	Drew	10	OL	DL
54	Burg	Garrett	11	OL	LB
55	Scheuermann	Tailen	10	OL	LB
56	Steffen	Evan	12	OL	DL
58	Lofgren	Gavin	10	OL	DL
59	Polenz	Carter	10	OL	DL
61	Phetteplace	Cayden	9	OL	DL
62	Garrison	Jayse	10	OL	DL
63	Tomesh	Mason	11	OL	DL
67	Ziegler	Carter	12	OL	DL
68	Palchik	Zach	10	OL	LB
70	Brice	Kohen	9	AB	DB
71	Blomberg	Anthony	12	OL	DL
72	Hinke	Austin	9	OL	DL
73	Kirchoff	Xavier	11	OL	DL
74	Dotson	Dustin	12	OL	DL
76	Lofgren	Colin	9	OL	DL
77	Roth	Ben	12	OL	DL
80	Peterson	Grady	9	SE	DB
81	Blank	Asher	10	AB	LB
82	Turgeson	Jacob	10	SE	LB
88	Schmude	Connor	10	SE	DB
	Emerson	Michael	9	OL	DL

Go Rails! Go Rai

TACKLE CANCER SENIOR NIGHT SPONSER





LAWN + SNOW

NORSEMEN FOOTBALL

Number	Name	Year	Position	Height	Weight
1	Joey Ellefson	Senior	HB/LB	5'11"	175
2	Brady Mowery	Senior	HB/DB	5'11"	155
4	Zach Bjorklund	Junior	QB/DB	6'	160
5	Doug Gardner	Senior	OL/DL	6'3"	210
6	Quinn Bergdahl	Senior	WR/DB	5'11"	167
7	Anders Stakston	Junior	WR/DB	5'9"	157
8	Kasey Wilbur	Junior	WR/DB	5'8"	150
9	Lucas Bendel	Senior	TE/LB	6'	180
10	Griffin Nelson	Freshman	DB	5'7"	130
11	Jayden Geier	Junior	WR/DB	5'6"	140
12	Maddox Torkelson	Freshman	QB/LB	6'1"	160
17	Brian Hicks	Senior	WR/DB	5'10"	155
20	Gabe Frydenlund	Junior	OL/LB	5'10"	160
21	Blake Sutton	Senior	QB/DB	6'	176
22	Devin Brown	Junior	FB/LB	5'9	173
25	Paxton Tollackson	Sophomore	OL/DL	5'10"	165
34	Rhett Stenslien	Senior	FB/DL	6'1"	220
40	Owen Hoff	Sophomore	OL/DL	5'2"	165
45	Damien Radke	Sophomore	HB/DB	5'10"	155
52	Ben Roethel	Junior	OL/DL	5'9"	160
56	Chase Bendel	Senior	OL/LB	6'	201
57	Hunter Anderson	Senior	OL/LB	6'	176
59	Brady Manke	Junior	OL/DL	6'	240
62	Luke Goin	Sophomore	OL/DL	6'	225
64	Aiden Teach	Senior	OL/DL	5'11"	215
66	Shaun Dahlen	Senior	OL/DL	6'	257
69	Sidney Ricks	Senior	OL/DL	6'1"	260
72	Ryon Berklund	Junior	OL/DL	6'2"	210
75	Evan Berklund	Sophomore	OL/DL	5'7"	206
76	Cooper Rahr	Sophomore	OL/DL	5'9"	211
70/76	Brody Nottestad	Sophomore	OL/DL	6'2"	195
78	Tanner Hagen	Sophomore	OL/DL	5'4"	165
81	Kaston Compton	Sophomore	OL/LB	5'9"	186
15/49/52	Nate Frydenlund	Sophomore	OL/LB	5'10"	170
17/13	Spencer Hanson	Sophomore	WR/DB	5'8"	135
3/87	Grady Evenstad	Sophomore	TE/DL	6'1"	195

Head Coach
Andy Hulst
Assistant Coaches
Ken Halvorson
John Hamilton
Jerad Fleming
Tyler Feirtag
Justin Brown
Alex Gluch
Rob Kirner

<u>Managers</u> Harlee Harbaugh Brigitta Haugen Elsa Swiggum Morgan McClurg

Athletic Director
Todd Ihrcke

Band Diector Kory Dahlen

Cheer Advisor Lisa Kabat

Cheerleaders
Bella Turben
Ava Schmidt
Mora Martine
Madi Sloan
Ari Von Ruden

Superintendent Steve Michaels

> Principal Bob Bothe

TACKLE CANCER/SENIOR NIGHT

